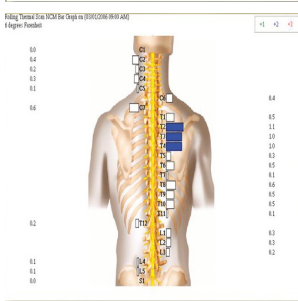
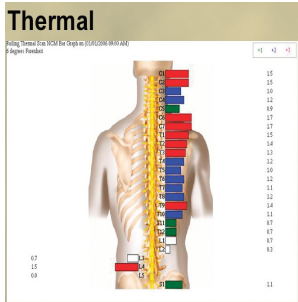


The Insight Subluxation Station

To maintain our commitment to provide chiropractic care at the highest quality possible for both you and your family we have significantly enhanced our practice with a computerized, high-tech instrument – the Insight Subluxation Station. This technology features two painless and non-invasive tests that will help us characterize abnormal activity relating to your spine and the ever-important nervous system. This activity can be associated with vertebral subluxation and other forms of spinal dysfunction.

Often times, subluxations do not create pain or discomfort until they have progressed to an advanced stage. The Insight helps us to identify these problematic areas before a crisis ensues or they become symptomatic— especially for children. After an examination, you will be given a printout which will highlight the areas needing improvement while qualifying the amount of dysfunction in those spots. The dysfunction undermines your health and ultimately your quality of life..

We are very proud and excited about evolving our practice to meet the demands of the 21st century and offering the finest chiropractic care available. (See the case study below.) The above



scan reveals a great deal of nerve interference (as indicated by colored bars, white being 'normal'). This patient was complaining of energy loss, sleep and digestive challenges, plus lower back pain. His quality of life was undermined by the inability to play with his kids and being unproductive at work.

As this patient's course of care continued over 3 months, the new scan showed a major reduction in nerve interference, and with the body operating more efficiently, his health began to improve: better energy, sleep and back to playing with the kids! We are about enhancing **quality** of life!

Dr. John Ferguson has been in practice since 2004 as a Wellness Chiropractor.

He has extensive experience in pediatrics and wellness research and is committed to promoting health for entire families – especially children. As part of his mission, he works to lead families toward a natural, wellness lifestyle. He routinely lectures to groups on the benefits of healthy lifestyle changes.

If you are interested in having Dr. John speak at your group, school, church, club or upcoming meeting, call us soon as our community calendar fills quickly.

Adjusting techniques used: Low-force/drop table, Cranio-sacral, Activator, Upper Cervical, Gonstead, ChiroBioPhysics

Our mission is to help as many people as we can obtain optimal health - especially children!

Ferguson Family Chiropractic
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Clifton Park, NY 12065

518.383.5595

www.ForLifetimeWellness.com



Specializing in wellness
chiropractic care for
children & families.

Exit 9—The Crossings

Clifton Park

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Why Chiropractic?

Why my kids? Why Dr. John?

Many of my patients have told me that I am an amazing healer, doctor, listener...that I'm the best. I have a keen sense of how a body performs and an intuitive ability to read and understand a broad array of health concerns that can affect **you** and **your children**.

I am very trustworthy and what I say makes sense! Kids love me; moms and dads think I am a kick; I give every patient my steadfast **commitment** and I promise to form relationships with you and your family for years to come.

I am a perfectionist when it comes to helping you understand and obtain overall health and **wellness for you and your family**. I am continually learning and perfecting my skills as a chiropractor, a healer, and I "walk the talk". It is because of this that I am comfortable in saying that my office and I are simply the best.

When you walk through the doors of our beautiful office, the first thing you will hear is the sound of **children** giggling as they play in our kid's play area and feel the "energy" as our patients healing power is turned on! Our patients always tell us that the office "just feels like home."

As for your examination, it is comprehensive & thorough. It is unlike anything you've ever experienced. You will learn how your past health & lifestyle have created the health (or lack of health) that you have today. I will explain what is going on with you in a way that is **totally understandable**.

You have most likely been taught to think that chiropractic is some kind of treatment for back and neck pain...etc. Yes, I do see a number of patients suffering with a variety of such problems. More importantly is the recognition of chiropractic as much more than the simple relief of pain. You may be amazed to learn that most problems surfacing in the adult years are actually the result of a traumatic birth process. How many of you have been through this?!

That is the reason we place so much emphasis on **children** and their growth and development. Your child's spine is his/her **lifeline**. Running through it is the spinal cord carrying billions of messages to make the body function correctly. It is like having your own internal Internet! It is vital to make certain that this "information highway" has no obstacles so that all messages sent by the brain get where they are supposed to go. If there is an obstruction in this highway, then the body starts to **malfunction**. This can be a serious threat to life and health.

Chiropractors call these obstructions "**Vertebral Subluxations**"- misalignments of some of the spinal vertebrae (spinal bones) that stress the delicate nerve system. The symptoms that may result are:

- **ADHD or learning difficulties**
- **Lowered immune function** leading to **allergies, asthma, tonsillitis, ear infections, fever, chronic colds...**
- **digestive issues** like **colic, diarrhea or constipation, gas, bloating**
- **"growing pains" in back/neck/legs/knees/feet**
- **bed wetting, trouble feeding, muscle tone problems, continued crying, scoliosis, autism-like symptoms, delayed speech, etc...**

You need to understand that the body is a **self-healing** organism - it has the ability to heal and recover, no matter what the condition - as long as that process is **without interference**. Your liver cells die and are replaced by new ones, giving you a brand new liver every month. Your red blood cells die every four months and are replaced by new cells and your skeleton is renewed every seven years. I want to further emphasize to you that your body is in a constant state of *change and repair*. Your body is designed to follow a very exact **program** that ensures health. That program is controlled by your **nervous system**. As long as your nervous system is able to effectively communicate with every tissue, cell, organ, and nook and cranny of your body, you should have the very best health possible. This is "**normal**". If your nervous system is not able to communicate with your cells, tissues, etc., your body will "malfunction" - not normal and is very serious. It comes in all forms such as **headaches, pain, breathing problems, frequent urination or dribbling into your underwear when you cough or sneeze. It can even lead to sexual dysfunction, infertility, menstrual problems** and the list goes on and that is absolutely **not OK**. My mission is to eliminate this communication breakdown and restore law and order!

So, if this makes sense and you are sick of your health problems, looking to address the cause of those concerns, tired of being prescribed drugs to just mask your symptoms or want the best health for you and your family, call us today!

518.383.5595