

# ORGANIC SUFFICIENCY™

HAS ARRIVED AND THE NEW GOLD STANDARD HAS BEEN SET!

Everybody - Everyday - For Life!™

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## THE WORLD'S FIRST



100% ORGANIC, 100% WHOLE FOOD, 100% SYNTHETIC-FREE  
MULTIVITAMIN-MINERAL SUPERFOOD.

After five years of painstaking research and development Dr. Chestnut has done it!

We are proud and excited to introduce **Organic Sufficiency™** the World's Premier Multivitamin-Mineral Superfood.

**Organic Sufficiency™** contains nothing other than 100% CERTIFIED Organic ingredients from WHOLE FOODS. Every step from farming to low temperature drying to packaging is 100% CERTIFIED Organic.

**Organic Sufficiency™** contains vitamins, minerals, phytochemicals, and antioxidants in their natural, whole food form with ALL THE COFACTORS in place.

**Organic Sufficiency™** is a LIVE WHOLE FOOD –it is produced with a patented low temperature drying process that MAINTAINS ENZYME ACTIVITY.

**Organic Sufficiency™** provides FULL DISCLOSURE of the NATURAL vitamin and mineral content and is 100% FREE of SYNTHETIC VITAMINS. All minerals are from plant sources and are thus in the form required for proper human digestion and absorption.

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As a loving father, an exacting scientist, and a world-renowned wellness expert Dr. Chestnut fully understands how essential sufficient intake of Full Spectrum Botanicals and Nutrients is for health, vitality, and prevention. He has spent over five painstaking years researching and developing the best possible whole food multivitamin/mineral supplement. The fruits (and vegetables) of his labor are ripe! ORGANIC SUFFICIENCY sets the Gold Standard for 100% Organic, 100% Naturally Occurring, 100% Raw, 100% Whole Food Derived, 100% Unheated, 100% Synthetic-Free, 100% USP vitamin-free supplements. This unwavering devotion to quality and purity is what makes Innate Choice ORGANIC SUFFICIENCY the NATURAL CHOICE for Everybody – Everyday – For Life!



100% Naturally Occurring Whole Food Superfood Multiple Vitamin/Mineral

### ORGANIC SUFFICIENCY®



100% Certified Organic

#### Supplement Facts

Serving Size: 2 Heaping Teaspoons (approx. 5g)  
Servings Per Container: 30

Amount Per 5 grams	%DV	%DV
Vitamin A †	1394 IU	29
Vitamin C †	55 mg	91
Vitamin E †	12 IU	40
Vitamin D †	100 IU	25
Thiamin - Vitamin B1 †	3.7 mg	250
Riboflavin - Vitamin B2 †	6 mg	360
Niacin - Vitamin B3 †	10 mg	50
Pyridoxine - Vitamin B6 †	0.5 mg	25
Pantothenic acid †	2.5 mg	30
Vitamin K †	1.8 mcg	*
Biotin †	82 mcg	27
B-12 †	125 mcg	2083
Folate †	9 mcg	2.5
Calcium †	110 mg	11
Magnesium †	14 mg	4
Iron †	1.2 mg	5
Copper †	2.1 mg	105
Manganese †	0.14 mg	7
Iodine †	78 mcg	52
Zinc †	1.1 mg	7

Proprietary Blend 5 grams	%DV
Dried Organic Vegetables & Fruits:	
Rice Bran	*
Amla berry	*
Terminalia arjuna	*
Apple	*
Prune	*
Oat Grass	*
Barley Grass	*
Carrot	*
Black Currant	*
Beet	*
Pineapple	*
Flax Seed	*
Cranberry	*
Spinach	*
Pomegranate	*
Kale	*
Raspberry	*
Cauliflower	*
Watermelon	*
Papaya	*
Cilantro	*
Wolfberry	*
Dulse	*
Parsley	*
Blueberry	*
Broccoli	*

\* Daily Value (DV) Not Established

†As naturally occurring nutritional values from organic food and botanicals only.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

- ✓ 100% Certified Organic
- ✓ 100% Synthetic FREE
- ✓ 100% Naturally Occurring
- ✓ 100% Gluten FREE
- ✓ 100% Whole Food Sourced
- ✓ 100% Soy FREE
- ✓ 100% Unheated
- ✓ 100% Corn FREE

Directions: Mix 5 grams (2 Heaping Teaspoons) of Organic Sufficiency® powder with water, juice or smoothie. SHAKE WELL or BLEND in blender.

Therapeutic: Consult Health Professional.

Store in a cool dry area.

Do not use if safety seal is broken.

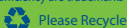
See expiry date stamped on label.

Product of USA

Certified organic by Oregon Tilth Certified Organic

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www.innatechoice.com



Please Recycle

150 GRAMS

