

Kids First: “Understanding Infertility” presented by Dr. John Ferguson, D.C.

Of all the difficulties facing couples, infertility tugs at more heart strings than any other. The anguish is nothing short of heart-breaking - many such couples have done everything—fertility clinics, fertility enhancing drugs, vitamin injections, counseling, etc. all to no avail. I used to see this among many of my patients, but rarely now.

In my own experience, I have found most cases of infertility to be fairly one-sided. In other words, it is usually women that seem to be at fault with an inability to achieve pregnancy.

Please.....do not get me wrong. I am not blaming women for this difficulty in any way whatsoever!

Don't even go there. The problem seems to be more rooted with women than with men. Let me explain: Women are much more familiar with reproductive functions than most men. Yes, we men, are a bit behind the eight ball on this issue!

To help you understand how I can help as a Chiropractor, here's a crash course in neuroanatomy: When a woman ovulates, the egg travels down one Fallopian tube one month, and then down the other Fallopian tube the next month. In other words, this function alternates between the right and left in order to give one or the other a “break” - equal sharing of the work load. The egg starts at one end of the Fallopian tube and ends up at the uterus or womb at the other. The egg does not swim or have any flippers, arms, or legs, so it is carried along from one end to the other by what we call “passive transport.” In other words, it is simply a bystander going for a ride - much like a ride in a convoluted water tube of a water park.

This process takes place because of a very exact function of the different muscles that make up the walls of the Fallopian tubes. They literally “squeeze” the egg from one end of the tube to the other. The purpose of this function is to meet the sperm at the other end so that fertilization can take place. This process is called *peristalsis* and is very similar to swallowing while you eat - the muscles in your esophagus literally guide what you have just swallowed all the way down into your stomach. The same is true for the Fallopian tube.

Let's look at this in light of a couple not being able to achieve pregnancy: In most couples who are labeled “Infertile,” it seems that the egg is not able to make it through the Fallopian tube to meet the sperm at the other end. Unless that union is allowed to take place, there is no pregnancy, hence no baby—not a good thing.

I want you to think about this for a moment: Why would the muscles of the Fallopian tube, that are designed and programmed to perform that very special function every month, suddenly

decide that they simply won't do it? How bizarre is that concept? The Fallopian tubes decided not to transport the egg? Without their owner's permission? Who is in charge anyway?

Well, the answer is quite simple. It is not their decision. The muscles of the body do not decide what to do on their own. They are literally ordered, or not, to do their job. In cases of Infertility, I have found that those muscles are simply not able to take the egg from one end of the Fallopian tube to the other. In most cases, it is the fault of the nervous system, which controls that very function.

The muscles of the Fallopian tubes either receive proper input from the nervous system to do their job, or they do not. In those cases I have found that the culprit is a vertebral subluxation (misaligned bone affecting nerve function), generally in the lower part of the spine, which interferes with the manner in which the Fallopian tubes would normally function. Consider this: It is similar to being on your cell phone ~ your reception and transmission suddenly becomes suddenly poor ~ you are not receiving your message.

By correcting the subluxation and allowing the nervous system to be then able to control the function of those Fallopian tubes, I have found that couples can achieve pregnancy. As "proof" that this actually works, I've had a number of children running around our office who are living proof and testimony of the amazing power of the body to function normally. I simply must tell you of a story which you may find humorous ~ at my expense: During my second year in practice, I was looking after a young 26 year old woman who came to see me with being unable to get pregnant. I placed her on a schedule of care designed to correct the Vertebral Subluxations which were at the root of her problem.

One day, she waltzed into our office with an amazing smile on her face. And I want you to picture this for a moment: It is Friday morning, all 12 chairs in our reception area are full, all adjusting tables are full, the office is packed with families, and I am adjusting some 20 feet away. This patient stood in the doorway, joy all over her face, arms outstretched, and yelled at the top of her lungs: "Doctor John, You got me pregnant!"

I have to tell you ~ there wasn't a sound in the office ~ no one moved. Everyone froze! It was like running a Sprint commercial! Let me tell you this ~ I had a lot of explaining to do!

If you, or someone you know, are having problems with fertility, vertebral subluxation could be the cause of your dysfunction. I suggest you consult me without delay .

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